



Town Appeal

Welcome to the TownAppeal.com Newsletter

September 2018

TownAppeal.com would like to welcome

The Hummus and Pita Co., homemade, health focused cuisine with authentic Mediterranean flavors restaurant

J Ramen restaurant that will hold their grand opening in September.

HONEYMOON Nails and Spa located at 800 Federal Rd.



Local Business SPOTLIGHT



The Hummus and Pita Co. has arrived! August 11th marked the official Grand Opening of Hummus and Pita Co's new Brookfield location. at 15 Federal Rd.

Founded in 2011 by Janice Axelrod in New York City's Chelsea neighborhood, Hummus and Pita focuses on 100% fresh, homemade, health focused cuisine with authentic Mediterranean flavors, "with nods to Greece, Israel, Morocco and the Middle East".

Their menu features freshly baked pita and laffa breads combined with fillings including falafel, vegetarian, gyro, shawarma, chicken and steak - all made from scratch. Hummus and Pita boasts over 20 different side dishes, desserts and are renowned for their famous Hummus Milkshakes. (Seriously! It actually tastes great!) For the fall, they have introduced The Pumpkin Spice Shake and the Pumpkin Pie Dessert Hummus. Both are all-natural, blended with the base of real chickpeas, tahini, banana, dates, and almond milk. Natural pumpkin puree is layered into The Hummus Shake and hummus recipes to give it the delicious pumpkin flavor and then topped with The Hummus & Pita Co.'s own blend of pumpkin spice. In addition to the pumpkin flavor, the shake is available in five vegan, gluten- and dairy-free flavors, which include original, chocolate, strawberry, pistachio, and butter pecan. The dessert hummus is available in chocolate, cookie dough, and cake batter flavors and all three flavors are gluten free; the cake batter and chocolate flavors are also dairy free. Catering and delivery are also available.

For owners Rishi Parikh and Sami Shah, investing in the franchise was a natural decision. They both love Mediterranean food and appreciate the healthy, creative menu and family culture of the company.

This is the first Hummus and Pita location outside of New York City and is the start of a national expansion. Currently there are 3 locations in NYC and the franchise is opening locations in several other states this fall. "We as a family are so excited to be able to spread our dream nationally with our first of 5 Grand Openings in 5 new markets over the next 4 months" said Dave Pessa, CEO of Hummus and Pita Co.

<https://townappeal.com/brookfield/business/hummus-and-pita-co>





TownAppeal is excited to welcome **J Ramen House** to Brookfield!

Owners Nicky Wang and Cindy Liu are no strangers to restaurants. They opened Yokohama, a sushi restaurant which is celebrating its 15-year anniversary, in New Milford and Bambu, a sushi and hibachi restaurant, in Danbury. Nicky and Cindy chose Brookfield for its central location, convenient to Danbury, New Milford, and New Fairfield.

Ramen restaurants are the newest restaurant trend and are popular in the New York, New Jersey, and DC metro areas. J Ramen House is only the fourth Ramen restaurant to open in Connecticut. Ramen are a thin Japanese noodle (now you know what the J stands for) that are served in either a duck, pork, or chicken broth.



J Ramen House cooks their chicken and pork broths with vegetables and spices for 12 hours, so they develop a creamy and rich flavor. They also offer mushroom ramen, a variety of ramen toppings (sweet corn, pork belly, black fungus, bean sprouts, seasoned boiled egg, fish cakes). Their tonkotsu ramen, a ramen served with their signature pork-based soup and topped with pork, black fungus, sweet corn, bean sprouts, scallions and a boiled egg, is their top seller! J Ramen also offers a variety of Japanese appetizers and entrees, salads, and buns.

The restaurant is airy and modern and features a large bar for single diners as well as large group tables.

J Ramen House
316 Federal Rd
Brookfield, CT 06804
(203) 885-0223

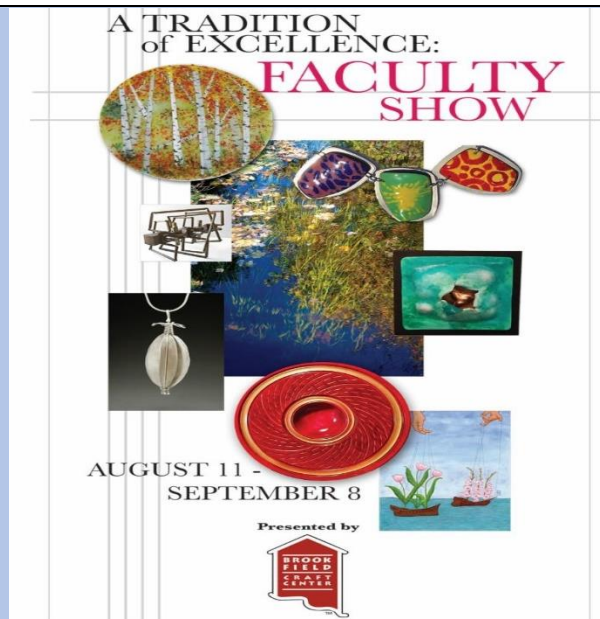
<http://www.jramenhouse.com/>

Reserve Museum Passes Online at the Brookfield Library!

You can now reserve our museum passes online! You can choose a non-reserved date up to 30 days in advance. In addition, many of our passes are now available as print on demand. This means that you can print the pass from home for the day you would like to visit the museum and bring the pass with you. No printer? No problem! We will be happy to print it for you at the library. You may also call us to reserve a pass if you don't have access to the internet. See [this page](#) for more details.

Register for CT Alert

In the aftermath of the May Storm, daily alerts and updates were sent using the CT Alerts system. If you have not signed up for these, you can sign up here. Don't forget to sign up both landlines and cell phones in case of outages.



The Brookfield Craft Center is proud to present the annual faculty exhibit as a showcase of the amazing work of our talented instructors. Each piece represents technique and creativity honed by many hours of work and practice in the artisan's specific field of fine craft. Viewers of the show will have the opportunity to connect with both form and function as they peruse the show filled with innovative items crafted in wood, metal, jewelry, glass, ceramics and fiber and more. From our founding to the present, Brookfield Craft Center has been fortunate to engage highly professional artists and fine craft workers as faculty members. They demonstrate skill, creativity and a passion for passing the torch to the next generation of artists. We are proud to present work from all seven of our teaching studios in what is truly a **"Tradition of Excellence"**.

The Gallery and Gift Shop hours are Tuesday – Friday 1 – 5 PM, Saturday 11-5PM, Sunday 12-4PM or by appointment



“With a Little Help From My Friends” Music Festival

Please join us for our - “With A Little Help From My Friends” Music Festival on Saturday, September 8, 2018. There will be live music by Jamnesia, Drama Bad, Dan's Garage, Older Than Dirt, and Owl's Nest from 12:00pm- 6:00pm. This is a festival of music and fundraiser for our former keyboardist and dear friend Billy who was recently diagnosed with brain cancer. We would like to all come together through music, something Billy is so passionate about! We suggest you bring a picnic lunch and snacks as food selection is limited. Please, keep him and his family in your thoughts and prayers during this time. We love you all!

LUNCH & LEARN

HEALTH FOR LIFE

A 4-week series featuring experts in the field of healthcare. Learn how to incorporate a healthier lifestyle and how your health and wellness correlates to your business productivity.

Wednesdays in September & October, 12:15 – 1:30

(lunch will be provided by a local restaurant)



at **The Brookfield Public Library**
(182 Whisconier Road)

SEPTEMBER 19	FUNCTIONAL MEDICINE: THE FUTURE OF HEALTHCARE	
	Dr. Julie Connor Healthy Weighs	<i>A healthier, preventive approach to wellness!</i>
SEPTEMBER 26	HOW TO INCORPORATE PHYSICAL ACTIVITY INTO YOUR DAY	
	Lisa O'Connor YMCA	<i>Sitting is the new smoking!</i>
OCTOBER 3	SLEEPING SMARTER	
	Dr. Michael Murphy Murphy Family Chiropractic	<i>Get the rest you need!</i>
OCTOBER 10	HOW STRESS AFFECTS THE BODY	
	Deb Dlug Well Adjusted	<i>Address the stress!</i>

More information/register: executivedirector@brookfieldchamber.org

MEMBERS
\$20/each session
\$70/all four



NON-MEMBERS
\$25/each session

Brookfield Senior Center



A place where things are happening!

Garden Club Event

Tuesday, September 25 at 12:30 p.m.



Our friends from the Garden Club of Brookfield will be with us again to decorate frames and items with dried herbs. Club experts will also be discussing how to dry herbs and uses for them. *Please sign up for this popular event by Thursday, September 20.*

Lunch and Learns

Friday, September 14 at 1 p.m. Lunch and Learn with Chief of Police Jay Purcell. Join us for lunch and the opportunity to meet our Chief of Police. Jay will be discussing safety concerns and issues in Brookfield and will answer all of your questions. *Please sign up by Wednesday, September 12.*

Friday, September 21 at 1 p.m. *Identity Theft.* Jennifer Dwyer-Castagna of Peoples United Bank in Brookfield will be with us to discuss Identity theft. She will explain what identity theft is, how it can occur and how you can protect yourself. Don't miss this important topic. *Please sign up by Wednesday, September 19.*

Friday, October 12 at noon - Lunch and Learn with Brookfield Funeral Home. Tania Porta, Funeral Director for Cornell Memorial, will speak with us about creating your own obituary and organizing your funeral plans. Join us for this very informative afternoon! *Please sign up at the front desk by Wednesday October 10.*



SHOW DATES: Sept. 14-29
Fri. & Sat. at 8PM and Sun. at 2PM

Free preview for senior citizens on Thurs., Sept. 13 at 8PM

<http://www.brookfieldtheatre.org/>

A steamy prohibition tale, steamrolling and roaring its way across the stage, Andrew Lippa's *Wild Party* was an Off-Broadway gem that garnered an array of industry accolades, including Drama Desk, Outer Critics Circle and Obie awards. Based on Joseph Moncure March's 1928 narrative poem of the same name, this darkly brilliant show features one of the most exciting, pulse-racing scores ever written.

Lovers Queenie and Burrs decide to throw the party-to-end-all-parties in their Manhattan apartment. After the colorful arrival of a slew of guests living life on the edge, Queenie's wandering eyes land on a striking man named Black. As the decadence is reaching a climax, so is Burrs' jealousy, which erupts and sends him into a violent rage. Gun in hand and inhibitions abandoned, Burrs turns on Queenie and Black. The gun gets fired, but who's been shot?

On the



Calendar...

Kids Day at the Brookfield Fire Dept.

On September 9th from 11:00 to 3:00, come on down to the Brookfield Fire House and bring the whole family. There will be trucks on display, kids' activities and fire truck rides. Amber alert, Brookfield Police and Brookfield Parks and Recreation will be on hand as well as other local agencies. Lifestar helicopter will be on display (weather and call pending). As always they will be hosting a stuff a truck to benefit the Brookfield Food Pantry



Tip-A-Cop Fundraiser for Special Olympics



Our officers are once again teaming with the staff at [189 Sports Cafe](#) (across from [Costco](#)) to raise money, benefiting [Connecticut Law Enforcement Torch Run](#) for [Special Olympics Connecticut!!!](#)

Come down and join them on Wednesday September 12th from 5pm-9pm!

Already know you can't make it, but you want to donate? Donation checks made payable to CT Special Olympics.

Mailed to:
Cpl. Jason Fiege
Brookfield Police Department
63 Silvermine Road. Brookfield, CT 06804

Selectmen "Meet and Greet"

at Panera Bread at 143 Federal Road. This event is scheduled on the last Saturday of each month. Please feel free to stop by with any questions, or to let us know what's on your mind.

Saturday, September 29 from 9:00- 10:30 a.m.

Solarize Brookfield

The town is participating in a residential solar program that makes going solar easy and affordable. Two final workshops have been scheduled on August 14 and September 11 from 7:30 - 9 p.m. in Meeting Room 133 at Brookfield Town Hall. Homeowners who want to find out if their home is good for solar can go directly to [SolarizeCT.com](#)

Regional Household Hazardous Waste Collection Day

In New Milford at the John Pettibone School on Pickett District Road. All Brookfield residents are welcome. There is no charge for dropping off waste. Additional information is available at the Town Hall Department of Public Works Office.

Saturday, September 22 from 9 a.m. - 3 p.m.

After the Storm – Recovering from Tree Loss: Some Perspectives and a Road Map Forward

Monday, September 10, 7:00 p.m.

Presented by Eric Larson, horticulturist, gardener, educator and lecturer

Through his talk and slide presentation, Eric will introduce us to the steps it will take to restore our beautiful home and town plantings. Gardeners, arborists and landscapers alike will learn from Eric's expertise with the natural processes and his life of gardening. Please register [here](#).

Looking for more local events? Check out our Events Calendar at <https://townappeal.com/brookfield/town-events/>

You can subscribe to our monthly newsletter by visiting <https://townappeal.com/brookfield/newsletter>. We will never share your email with anyone!

Interested in becoming a sponsor or advertising on TownAppeal.com or our monthly newsletter? Contact us at admin@townappeal.com

Looking for a business in Brookfield? Check Out Our Website - **TownAppeal.com!**

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