



TownAppeal.com

October 2020



"October has tremendous possibilities. The summer's oppressive heat is a distant memory, and the golden leaves promise a world full of beautiful adventures. They made me believe in miracles." Sarah Guillory, *Reclaimed*

Since the dog days of summer are almost behind you, all you can think about is ushering in the cooler weather. You're more than ready to finally trade out those sandals for boots and go for a brisk walk among the changing leaves (or maybe you prefer to hop in the car for some of the best New England Fall Foliage!). Need a little help getting in the mood for October? We've got you covered. See our story about Apple Picking in the area as well as some cool events on our calendar.

Also, TownAppeal would like to welcome **Andiamo Wood Fired Pizza**. Learn more about them in our New Business in Town story below.



In this edition of our newsletter, we will give you the highlights of some of the many events happening locally and neighboring towns. For a complete listing, please visit <https://townappeal.com/brookfield/town-events/>

Sign up for our new Blog and receive an email when we post a new article or our weekly "What's Happening in Our Area" post. Visit <https://townappeal.com/brookfield/blog/>



TownAppeal would like to welcome Andiamo Wood Fired Pizza to Brookfield!

Andiamo means "let's go!" in Italian. And that fits the new pizzeria in town perfectly since they will offer quick serve, take out and grab-and-go foods. "You can come in and order a pie right here and it will be ready in less than 5 minutes", Franco boasted. That level of service is due to his NY-style wood-fired oven which can generate heat up to 1000 degrees! "A perfect fire makes a perfect pizza " Franco added.

Franco and Ana de Rose are Brookfield residents and love that their new business is just down the hill from where they live. Until recently, Franco had worked for NBC Sports but was laid off due to the pandemic. This timing has actually worked to his benefit and allowed him to focus on the business full-time.

You could say pizza sauce is in the family's blood – Franco's father owned a pizza business for over 55 years in Mamaroneck, NY and Franco previously owned a pizza restaurant in Newtown. His children Anthony and Isabella will be helping out. In addition, the family runs a pizza truck, "Bella Familia" which they have been operating for the past 3 months. Franco changed the name of the new restaurant to Andiamo so it would not be confused with the prior place, "La Familia"

What is different about this pizza restaurant compared to others in the area? For one, they will be serving a breakfast pizza. Franco explained, "Think about anything you would put on a roll or bagel – eggs, ham, bacon – just on a pizza crust instead."

Andiamo will offer traditional Italian fare such as stromboli and calzones, and he has partnered with Villarina's to offer fresh pasta dishes. Also for dessert are zeppole's with a twist – fillings such as jelly, guava, cannoli cream can be squeezed into the fried dough as well as "dulce de leche", a Columbian confection similar to caramel. This is a nod to his wife who was born in Columbia and who will take care of the books for the business. Franco describes her as "just like Sofia Vergara from Modern Family!"

They also will provide a wide assortment of dishes beyond these standards including wraps for lunch and 10 different types of wings with unique flavors such a tequila lime with a jalapeño dressing.

Franco stresses convenience and cleanliness in his restaurant. You can order online and have it delivered curbside to your car (nice in the winter time). Also he has engaged Cintas, a recognized and respected cleaning service to have the entire eatery sanitized nightly.

Andiamo Wood Fired Pizza will be opening in the beginning of October!

14 Candlewood Lake Road

<https://andiamowoodfiredpizza.com>



Town Appeal

One of the things that we love working at TownAppeal is that we get to help local and small businesses in Brookfield, Roxbury and Bridgewater. Since holiday shopping time rapidly approaching, we would like to highlight several local businesses that sell unique gifts so that our readers can support them during the holidays. If you know of someone (and it can be an at home business) that you think should be highlighted in our next newsletter, please let us know at admin@townappeal.com.

Thank you! Tara and Monica

BROOKFIELD NEWS

Candidate Debate hosted by the Chamber of Commerce

The Chamber will be hosting a Candidate's Debate on Thursday, **October 15 at 7 pm** in Room 133 of Brookfield Town Hall.

Steve Harding (R) and Kerri Columbo (D) will be debating. The debate will be live streamed to Brookfield, Bethel and Danbury.

Scott Benjamin will be the moderator of the debate. He will welcome questions ahead of the debate and can be reached at ScottBenjaminWCSU2014@gmail.com or (860) 354-3521.

As more information becomes available, TownAppeal will update this event on <https://townappeal.com/brookfield/events/the-brookfield-chamber-of-commerce-will-be-hosting-a-candidates-debate/>

Some seats will be made available in the room itself.



Candidate Debate hosted by the Brookfield Library

Join us on Zoom for a moderated event to meet the candidates for Brookfield's State House and Senate seats. The event will take place on Thursday, **October 8 at 6:30 pm**. Have something on your mind about Brookfield that you'd like to hear the candidates talk about? Submit topics to rleff@brookfieldlibrary.org by Wednesday, October 7, for consideration.

[Register](#) to receive the login information.



Brookfield Social Services taking applications for heating assistance

Brookfield Social Services has begun taking applications for heating assistance. Individuals with income below \$37,645 per year and couples below \$49,228 per year and assets below \$12,000 for renters and 15-thousand for homeowners, may qualify for heating assistance. Brookfield residents will need to provide current income, including Social Security, pensions, interest, and dividends and asset information along with an electric bill. Telephone applications will be taken to mitigate the risk of COVID-19 infection. A locked drop-box is located outside the Senior Center doors to drop off required documentation.



Join the Brookfield Chamber of Commerce as they host a **Ribbon Cutting on Tuesday, October 6th at 5 pm at JJ Stacks** (the new restaurant that opened in front of the mini golf place on Federal).

Are you a Brookfield business getting ready to re-open? We can help!

For more information about the Chamber of Commerce, please contact Susan Murphy at executivedirector@brookfieldchamber.org



READY. SET. Re-Open!

THE BROOKFIELD CHAMBER WANTS TO PROMOTE YOUR **(RE) OPENING** WITH A RIBBON CUTTING CEREMONY

What We Deliver

- Listed on our Website
- Email promo on its over 500 local contacts
- Announced on Social Media
- Pushed out on local news
- Attendance at ceremony
- Local government representation
- No Charge for Chamber Members

What We Need

- Pick a Date and Time
- Plan of Contact
- A Logo File
- Two Sentence Description of Your Business
- Any Special Offers
- Website Address for Linking

Want to learn more? Contact Susan at executivedirector@brookfieldchamber.org

NOTE: LOCAL PERMITS MAY NEED TO BE OBTAINED





YOU'RE INVITED

**FRI, OCT 23
3:00-6:00 PM**

BREAST CANCER TENT EVENT



**COCKTAILS
APPETIZERS
RAFFLES
SHOPPING
FUN 4 ALL**

**DONATIONS ACCEPTED ONSITE
30 PARK LANE EAST, NEW MILFORD, CT
860-355-0971 x11
Mmarici@candlewoodvalley.com**

For more information or to obtain tickets, please contact
Melissa Marici at mmarici@candlewoodvalley.com or call
(860)355-0971



Apple Picking 2020

With so many apple farms in Fairfield and Litchfield counties, there are lots of places to go get picking! Our blog highlights several Fairfield County farms such as Beardsley Cider Mill & Orchard, Blue Jay Orchard and Silverman's Farm. We also highlight orchards in Litchfield such as Averill Farm, Ellsworth Hill Orchard & Berry Farm, and March Farm. More info including websites, types of apples, and additional orchard activities can be found on TownAppeal's **Apple Picking 2020 Blog** at <https://townappeal.com/brookfield/2020/09/17/apple-picking-season-2020/>

Sculpture Recommendation for Phase 3 Pocket Park

The Brookfield Arts Commission has selected COTYLEDON RISING, a sculpture by artist David Boyajian of New Fairfield, CT, as the centerpiece of the new Pocket Park included in Phase 3 of the Streetscape plan.

COTYLEDON is the first leaf or set of leaves that sprout from a seed. This sculpture is about new beginnings, growth and a bright future. The 10-foot tall stainless steel sculpture, Cotyledon Rising will depict a welcoming entrance to the new town center and provide elements of nature, warmth and growth. The sculpture embraces the suggestions collected by the Arts Commission by reflecting Brookfield Ironworks and farming history providing a bright, abstract welcoming sculpture. Given the reflective nature of stainless steel, the sculpture will be bright in the daytime sun. With the addition of the accent lights, the sculpture will shine during the evening and continue to welcome.



You can email First Selectman Steve Dunn at sdunn@brookfieldct.gov with any feedback you have regarding the sculpture. The Board of Selectmen will discuss the proposed sculpture and any feedback received at their next meeting on Monday, October 5 at 7 p.m.



The Brookfield Library

Create • Captivate • Connect

Platform to Employment Informational Session: Tuesday, Oct 6 at 2:30

Join Janet M. Brady, Career Coach with The WorkPlace, on Zoom to learn about Platform to Employment® (P2E), a free, five-week program to help long-term unemployed residents find work.

Outdoor Photography Class

Saturday, October 17

10 am – 11:30 am

Outdoors at the Brookfield Library

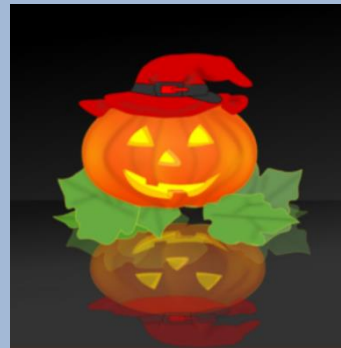
Join photographers Pat Duncan and Jud Perkins for a special outdoor photography class. They'll provide tips and tricks on taking great photos outdoors. We'll meet in the Brookfield Library parking lot and look at the outdoor spaces around the Library and within a short walk. Bring your own camera. Registration is required

A Literary Pumpkin Fest!

Decorate a pumpkin as your favorite book character or your favorite book. Harry Potter? Cat in the Hat? Charles Dickens? Get creative! Use artificial pumpkins or other materials such as paper mache, paper bags, etc. No real pumpkins, please. pick up a free artificial pumpkin here at the starting Monday, October 5 (limited first-come, first-served).

drop off your pumpkins by 7:00 p.m. October 22. Pumpkins will be on display in from October 23-29 for judging by the Friday, October 30 and Saturday, October 31 will be moved outside to the front lawn for 10:00 a.m.-2:00 p.m.

awarded in each age category: Adults, (Grades 6-12), and Children - Grades PreK-2nd / 3rd-5th.



cardboard, Patrons may library quantities; To enter, Thursday the library public. On the pumpkins judging from Prizes will be Teens



Brookfield Theatre is offering "Virtual Thursdays" - a series of virtual theatre experiences livestreamed every Thursday at 7:30pm on our web site <https://brookfieldtheatre.org>. The series includes pre-recorded and live staged readings, and Studio B open stage via Zoom. Studio B is open to anyone who would like to participate.

COMING UP

Thurs. 10/1—Studio B—The stage is yours! Scenes, songs, monologues, and poems. Live or pre-recorded. Sign up by 9/27.

Saturday 10/10—Perpetual Notion—a blended live and virtual comedy event. Stay tuned for more information!

Saturday 10/17—Are You My Sister—a blended live and virtual performance of a newly finished script by Morgana Kate Watson

_We can't wait to see you again at the theatre, but until then, stay safe & well and visit us online:

www.BrookfieldTheatre.org

Facebook: <https://www.facebook.com/brookfieldtheatre/>



On the Calendar

Come Join Brookfield Parks and Recreation at these fun events:

- [Introduction To Fishing Class](#)
- [Paint a Pumpkin at the Park! Hosted By](#)

[Brookfield Parks And Recreation](#)

- [Haunted Graveyard Scavenger Hunt](#)
- [Haunted House Driving Tour](#)
- [Brookfield Parks Best Hand Poker Hike](#)

Stay up to date for all Park and Rec events at

<https://townappeal.com/brookfield/business/brookfield-parks-recreation-2/?search=brookfield%20park>

Come Join these Free Discussions with Candlewood Valley Health and Rehab.

[October 1st - Benefits of Acupuncture at 1:30](#)

[October 8th - Release the Weight of Menopause at 1:30](#)

[October 15th - Don't Be Scammed at 10:30](#)

To sign up and receive the Zoom link, please contact Melissa Marici at mmarici@Candlewoodvalley.com or call (860)355-0971.

Playing in October at Edmund Town Hall Auto Pop-Up Drive In

[My Dog Skip](#)

[Beauty and the Beast](#)

[Beetlejuice](#)

Music and more at JJ Stacks this Weekend!

Saturday from 2-5 [Dan McKee](#) and Dans Garage Band will be playing a parking lot performance!

Saturday evening 6-8 has some AMAZING acoustic guitar by [Ethan James](#) on the deck!

And Sunday? From 12-4! FREE mini golf! Lawn games!!

Awesome music by the one and only "Big Daddy" himself, [Sean McKee](#)

Coffee with the Community 5:30 p.m. Monday, October 19

Residents are welcome to address the selectmen with any questions, comments or concerns. View the meeting on YouTube or connect by phone to participate. Meeting information can be found on the agenda on the town [website](#).

Do you know that we have over 35 October events listed on our website? Find out what is happening in our town and surrounding areas as well as more details about the above events by checking out our Events Calendar at

<https://townappeal.com/brookfield/town-events/>

For more information, please contact Melissa Marici at mmarici@Candlewoodvalley.com or call (860)355-0971



SENIORS AGE 65+ PHOTO CONTEST



FALL FOLIAGE THEME
860-355-0971 x11



DEADLINE
NOVEMBER 25th



Email Photos To
mmarici@candlewoodvalley.com



PRIZES

1st Prize: \$300.00 Gift Card
2nd Prize: \$200.00 Gift Card
3rd Prize: \$100.00 Gift Card



GOOD LUCK!



Advice for Living
Kerri Colombo

Juggling Glass

I recently read an analogy by author Nora Roberts about life's responsibilities where each responsibility was described as a ball in the air we are juggling. Some balls

we have in the air are made of glass and will shatter if they fall. Some balls are made of plastic and will bounce if they are dropped. Our goal is to keep the glass balls from shattering.

During some seasons of life we juggle more balls than others. At times it seems there are more plastic balls in the air and at other times more glass. There is always a combination of both.

When we think of the balls we juggle we must think in specifics rather than broad categories. We aren't juggling just five balls at a time. We're juggling fifty-five balls. Recently, I added a lot more balls into my juggling game when I decided to run for the office of the 107th district State Representative seat. Running for office isn't its own ball. Each task associated with it is. On any given day some tasks are made of glass and others are made of plastic. If I drop a glass ball, there might be serious consequences. If I drop a plastic ball, it's not great but there will be minimal repercussion.

The balls we juggle are not limited to the things we strive to accomplish while trying to improve the world. They include the mundane tasks of getting the dishwasher unloaded, scheduling a doctor appointment or checking emails from the school. Some days scheduling a doctor appointment is made of glass, other days it's made of plastic. It depends on the day and circumstance.

Each email is a separate ball that may create new balls to juggle. For instance, I received an important questionnaire from CT Realtors regarding my candidacy. It was a glass ball and I worked hard to research the questions and fill out the questionnaire with accuracy, heart and precision. When I did not get a response, I investigated and realized my questionnaire still sat in my drafts email folder & I had never sent it in. Ouch. My glass ball had fallen and shattered. Lesson learned. Treat a glass ball with tenderness, mindful attention and care.

Recently, I read an email from a teacher instructing us to pick up a workbook for distance learning. I had a vague recollection of this a week later, but neither of my children seemed to know anything about it when I asked. Juggling so many balls, this one was dropped. Thankfully, it was a plastic ball that bounced. Picking up the workbook another day is with little consequence, no harm done. Sometimes we drop a glass ball, and sometimes we drop a plastic one. Either way we must dust ourselves off, take a deep breath and move on.

The key lesson is knowing which balls in the air are glass and which balls in the air are plastic. We must assign a label, prioritize catching the glass ones and do our best to prevent their shatter, even though it sometimes happens. It's not a matter of prioritizing family over work or work over family. It's a matter of recognizing that some family stuff is made of glass and some family stuff is made of plastic, and the same is true for work. To catch a glass ball on my campaign, I may have to drop a plastic family ball along the way. Likewise, to catch a glass family ball, I may have to drop a plastic ball related to running for office, and that's okay too.

It's painful sometimes. I hate to drop any balls. But, I know that dropping a plastic ball here and there allows me to prevent a glass ball from shattering. And that is good. Be gentle with yourself. We are all juggling a mix of plastic and glass balls. Do the best you can. Even when glass shatters, there's always a dust pan and brush to dust yourself off and clean up afterward. Move forward and keep on juggling.

Kerri Colombo, Motivator, Speaker, Simplifier, Organizer, Author, and now
Candidate for State Representative

Kerri Colombo is passionate about motivating people to simplify life by reducing clutter and creating streamlined organization systems that support your lifestyle & free up time & energy to do what you love. Kerri works with private organizing clients, is a speaker, author and educator. She became the Expert Organizer on the national TV series, TLC's Hoarding: Buried Alive and has appeared on Better Connecticut and FOX Connecticut News. She is also the recommended Organizer by Hartford Hospital's esteemed Institute of Living: Anxiety Disorders Center. For more information, to schedule a private Organizing appointment or future public speaking engagement, please visit www.CornerstoneOrganizing.org.

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